

*Healthy tip of the Month:

Here are a few tips to reduce stress and have a fantastic school year. Get enough sleep. Eat a healthy breakfast. Try your best. Use good work habits, like writing down your assignments and turning in your homework on time. Take your time with school work. If you don't understand something, ask someone. Keep a sense of humor.

Oasis Campus & Oasis North Elementary-Breakfast Menu– September 2023

			Mon	Tue	Wed	Thu	Fri	Sat
Additional Purchase Milk .75							1 Bagel Orange Apple Juice Cream Cheese	2
Breakfast is served Monday-Friday								
ONE 7:45am-8:15am	3		4	5	6	7	8	9
OES 8:00am-8:30am		C		Cereal Yogurt Applesauce Apple Juice	English Muffin Ham & Cheese Sand. Orange Apple juice	Pancake Wrap Peaches Apple Juice Syrup	Cinni Mini Yogurt Orange Apple Juice	
Middle School 7:10am-7:35am								
High School 6:40am-7:00am	10		11	12	13	14	15	16
Start your day with a healthy breakfast.		K	Chocolate Muffin Yogurt Peaches Apple Juice	Egg Bacon Cheese Bagel Pineapple Orange Juice	French Toast Sausage Pineapple Apple Juice Syrup	Scramble Egg Hash Brown Sausage Slice Apple Orange Juice	Cereal Yogurt Orange Apple Juice	
Breakfast \$2.25								
<i>Menu Subject to change</i>	17	A	18 Bagel Orange Apple Juice Cream Cheese	19 Muffin Yogurt Peaches Orange Juice	20 Pancake Wrap Pineapple Apple Juice Syrup	21 Cereal Yogurt Orange Apple Juice	22 Pancake Sausage Peaches Apple Juice Syrup	23
	24	J	25	26	27	28	29	30
				Chocolate Muffin Yogurt Peaches Apple Juice	French Toast Sausage Pineapple Apple Juice Syrup	Omelette Hash brown Pineapple Orange Juice	Cereal Yogurt Orange Apple Juice	



*Available online to make payments or check account balances: myschoolbucks.com
This institution is an equal opportunity provider.